




Quick Guide & Safety Info

Your all-in-one guide to using FlexBeam safely and effectively.

Is Red Light Therapy Safe?

Yes! It's non-invasive, supported by thousands of clinical studies (even by NASA), and FDA-listed as safe for general wellness.

Getting Started with FlexBeam

- 1. Power On:** Long-press the ON button until you hear a beep.
- 2. Choose a Programme:**
 -  RED – For surface-level skin concerns
 -  DUAL – For mid-layer issues (up to 2cm deep)  INFRA – For deep tissue treatment
- 3. Apply:** Place light pods directly on bare skin (no fabric).
- 4. Start Session:**** Press PLAY. To pause, press again. Each session lasts 10 minutes.
- 5. Move & Repeat:**** After each cycle, you can reposition or restart.

Charging: A full charge takes just 1 hour using the provided charger.

For More Info:

Full safety details are available in the user manual included with your FlexBeam device.

FAQ Section

What is FlexBeam?

- A wearable red + near-infrared light device for recovery, pain relief & wellness.

What makes it different?

- Portable, precise & dual-light tech, better than bulky pan

Who can use it?

- Anyone! It's not just for athletes, great for sleep, recovery & everyday aches.

Can it be shared?

- Yes, just wipe it clean before passing on.

Any age limit?

- Nope, safe for all ages.

Warranty

Device: 5 years

Battery: 2 years

Payment

- Pay online via the official link.

Shipping & Collection

- Pickup at PFC Studio or arrange Grab/Lalamove.
- Delivery in 2–3 working days. Tracking will be provided.

📍 PFC Studio, E-3-14, Sri Hartamas 1, KL

Returns & Repairs

- No trial returns.
- Repairs & exchanges handled by Recharge Health, warranty covers shipping.